

Associate of Arts Oregon Transfer - Exercise Science Emphasis Curriculum Map

Year One

Fall

Course	Description	Credits
HPE 295	Health and Fitness for Life	3
BIO 112/L	Recommended: Integrated Chemistry and Cell Biology for Health Occupations/Lab	4
HPE 131	Introduction to Exercise/Sport Science	3
MTH 111	Computation	5

Winter

Course	Description	Credits
WRI 121	English Composition I	4
HPE 225	Nutrition	3
BIO 231/L	Anatomy & Physiology I	4
Arts & Letters		3

Spring

Course	Description	Credits
HPE 260	Anatomical Kinesiology	4
WRI 121 or WRI 227		4
MTH 243		4
BIO 232/L	Anatomy & Physiology II	4

Year Two

Fall

Course	Description	Credits
Arts & Letters		3
HPE 261	Exercise Physiology	4
BIO 233/L	Anatomy & Physiology III	4
POL 201	Introduction to US Government	3

Winter

Course	Description	Credits
HPE 262	Exercise Testing and Prescription	3
Arts & Letters		3
Social Sciences		3
Social Sciences		3
SPE 111	Fundamentals of Speech	3

Spring

Course	Description	Credits
Social Sciences		3
HPE 270	Sports Psychology	3
Electives		3
Electives		3
Electives		4

Total Credits: 90