

Associate of Arts Oregon Transfer - Exercise Science Emphasis Curriculum Map

Year One

Fall

Course	Description	Credits
BIO 112/L	Recommended: Integrated Chemistry and Cell Biology for Health Occupations/Lab	4
HPE 131	Introduction to Exercise/Sport Science	3
HPE 295	Health and Fitness for Life	3
MTH 111Z	Precalculus I: Functions	4

Winter

Course	Description	Credits
Arts & Letters		3
BIO 231/L	Anatomy & Physiology I	4
HPE 225	Nutrition	3
WRI 121Z	Composition I	4

Spring

Course	Description	Credits
BIO 232/L	Anatomy & Physiology II	4
HPE 260	Anatomical Kinesiology	4
STA 243Z	Elementary Statistics I	4
WRI122Z or WRI 227Z		4

Year Two

Fall

Course	Description	Credits
Arts & Letters		3
BIO 233/L	Anatomy & Physiology III	4
HPE 261	Exercise Physiology	4
POL 201	Introduction to US Government	3

Winter

Course	Description	Credits
Arts & Letters		3
COM 111Z	Public Speaking	4
HPE 262	Exercise Testing and Prescription	3
Social Sciences		3
Social Sciences		3

Spring

Course	Description	Credits
Electives		3
Electives		3
Electives		4
HPE 270	Sports Psychology	3
Social Sciences		3

Total Credits: 90