



Associate of Arts Oregon Transfer - Exercise Science Emphasis Curriculum Map

Year One

Fall

Course	Description	Credits
BIO 112	Integrated Chemistry and Cell Biology for Health Occupations	3
BIO 112L	Integrated Chemistry and Cell Biology for Health Occupations Lab	1
HPE 131	Introduction to Exercise/Sport Science	3
HPE 295	Health and Fitness for Life	3
MTH 111Z	Precalculus I: Functions	4

Winter

Course	Description	Credits
Arts & Letters		3
BIO 231Z	Human Anatomy and Physiology I	4
HPE 225	Nutrition	3
WRI 121Z	Composition I	4

Spring

Course	Description	Credits
BIO 232Z	Human Anatomy & Physiology II	4
HPE 260	Anatomical Kinesiology	4
STA 243Z	Elementary Statistics I	4
WRI 122Z or WRI 227Z	Composition II or Technical Writing	4

Year Two

Fall

Course	Description	Credits
Arts & Letters		3
BIO 233Z	Human Anatomy & Physiology III	4
HPE 262	Exercise Testing and Prescription	3
POL 201	Introduction to US Government	3

Winter

Course	Description	Credits
Arts & Letters		3
COM 111Z	Public Speaking	4
HPE 261	Exercise Physiology	4
HPE 270	Sports Psychology	3
Social Science		3

Spring

Course	Description	Credits
Elective		4
Elective		3
Elective		3
Social Science		3
Social Science		3

Total Credits: 90